

From: Kristina Medero <health@oneheartsource.org>

Sent: Sunday, January 5, 2020 2:35 PM

Subject: Service Learning Abroad

Dr.,

My name is Kristina Medero and I am the Health Programs Director for One Heart Source. I am reaching out to share an opportunity for you and your students to engage in our service learning Health Development Program in Cape Town, South Africa. As a growing part of our G.I.F.T.E.D. (Greatness Initiative For Township Educational Development) community project, this experience is designed for university undergraduate and postgraduate students aged 18-25 who are pursuing a career in health-related fields. The purpose of the OHS Health Development program is to democratize healthy living, or increase access to healthy choices, by mentoring our G.I.F.T.E.D. students using educational health interventions. Those selected to be part of the OHS Health Development team will engage with various levels of the local community on pressing issues related to community health. These engagements include fieldwork, visitation to local institutions, and seminars aimed at contextualizing participants' understanding of local determinants of health to promote effective mentorship.

I would greatly appreciate it if you would consider sending the following information (below the line) about mentoring in South Africa to your students in the Chemistry Department. Since we have had several mentors use the experience as an internship or course credit, I believe your students will benefit immensely from this program. Please let me know if this is possible, and if you or your students have any questions regarding our 2020 programs or organization. Thank you for your time.

Respectfully,

Kristina Medero

424.732.8022

health@oneheartsource.org

Univeristiy of Pittsburgh Students,

One Heart Source is currently accepting applications for our 2020 Service Learning Programs. We are offering 2 and 4 week Health **Development** programs in Cape Town, South Africa!

As an OHS Mentor you will:

- Gain a deeper understanding of community and the cultural factors that influence health.
- Participate in our health education interventions by mentoring students through their academic careers.
- Immerse yourself in history and culture to better understand diversity.
- Collaborate with groups of university students from around the world to discuss global health issues.
- Develop skills to pursue social justice through health education and intervention.
- Broaden health care skills in real-world environments
-

Apply here for our Volunteer Programs: [2020 Application](https://oneheartsource.typeform.com/to/NJ8M5I?refcode=KM)
(<https://oneheartsource.typeform.com/to/NJ8M5I?refcode=KM>)

Application Deadline: March 1st, 2020

Learn more about our Health [Program](https://oneheartsource.org/) here. (<https://oneheartsource.org/>)

